



*HOW TO MAKE A
FABRIC MASK
WITH
ADJUSTABLE SIDES
AND
NOSE WIRE*

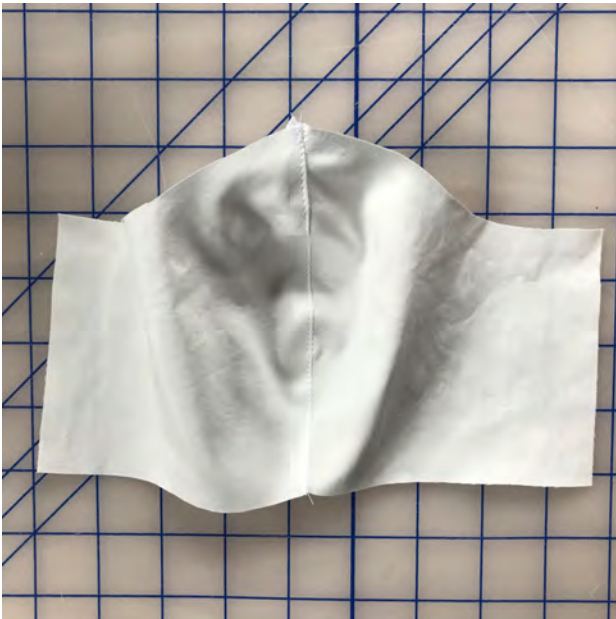


Materials

+ 15" of fabric * you can get 2 masks from this. Choose a tightly woven 100% cotton cloth, boil and dry fabric to shrink

+ 4" of electrical wire or comparable. Should be bendable but keep it's shape. Twist ties will work if 3 wires twisted together

* adapted from craftpassion.com

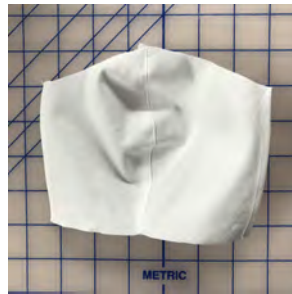


Cut 2 full pieces on the straight grain
Stitch together on the curved seam 1/4"

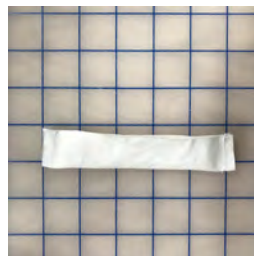
Press center seam to the left, and edgestitch to secure



Cut 2 shorter pieces on the bias
Stitch together at the curved seam 1/4"
Hem the sides, fold 1/4", fold under again 1/4", total 1/2"



Press center seam to the left,
and edgestitch to secure



Fold 5" strip in half on the short side creating a 5"x1" strip
Stitch the short sides at 1/4" and turn right-side out

Align raw edge of nose strip to top of inside bias panel
Centering at the top
Stitch across the top and edgestitch across the bottom of
nose strip



Align sewn pieces right sides together matching curved seam and raw edges
Stitch across the top and bottom edge, leaving sides open



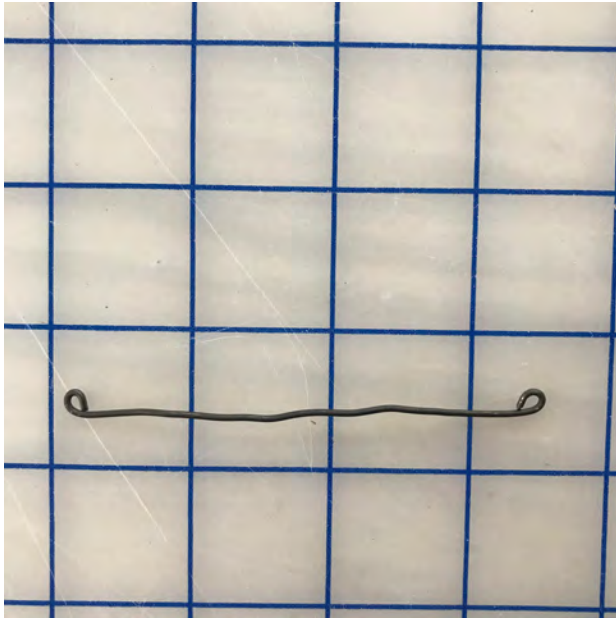
Turn right side out



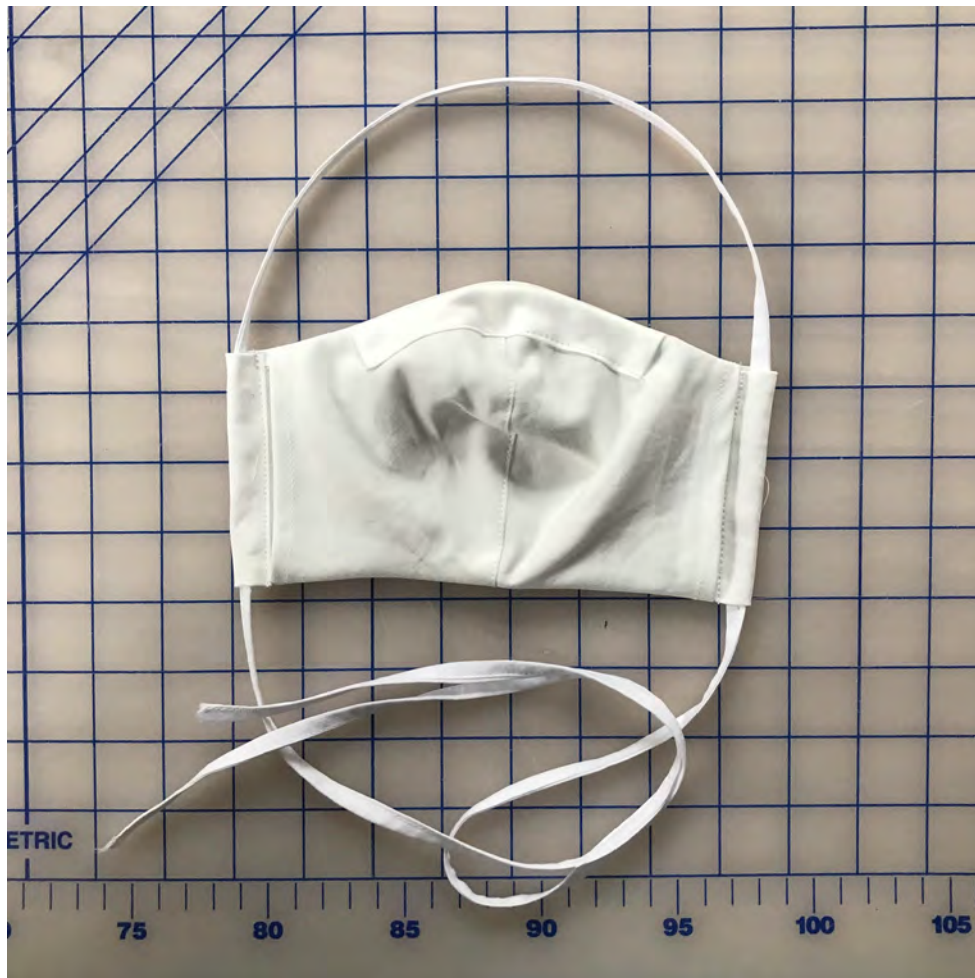
To make ties
Cut 2 strips 1" wide by approximately 40"
Fold edges in 1/4", fold in half for total width of 1/4"
Edgestitch to secure



Lay ties 3/4" from edge of inside mask
Fold raw edge over 1/4" then 1/2" over the ties
Edgestitch being careful to not catch the ties,
they should slide freely, leave filter pocket open

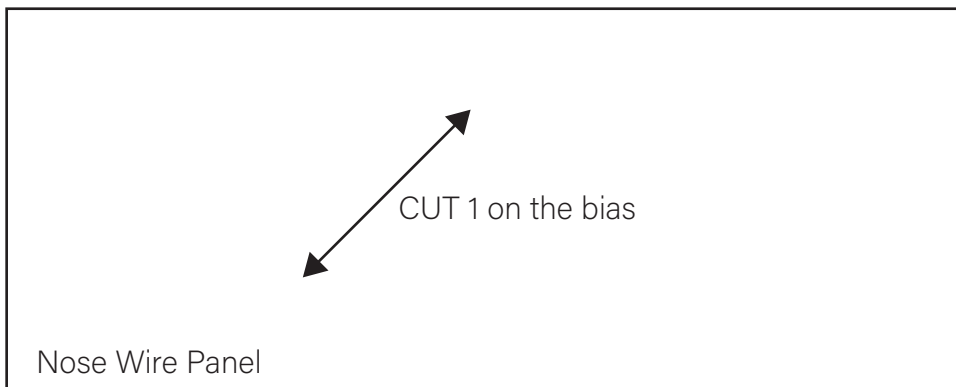
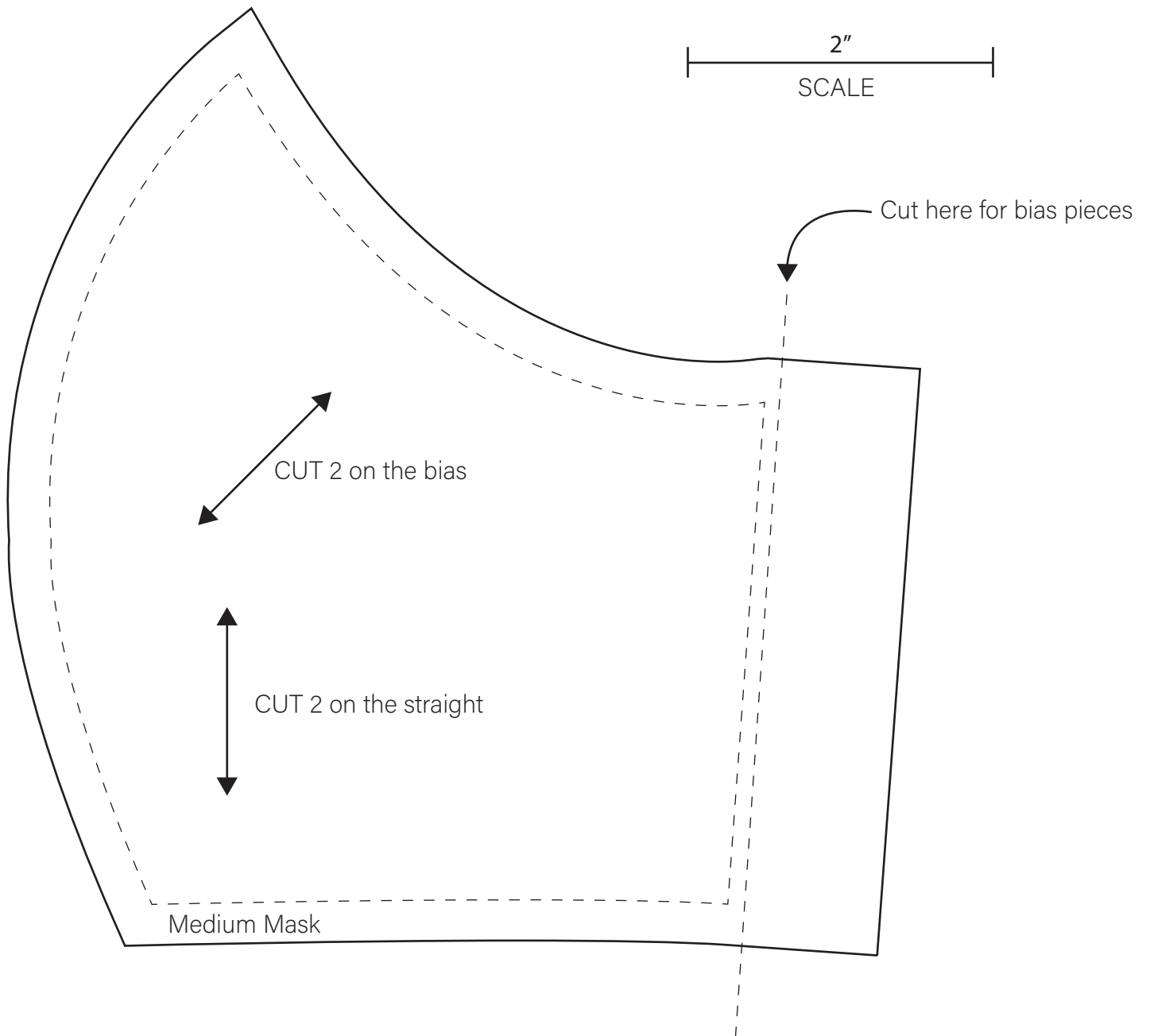


Cut 4" piece of wire, loop in sharp ends
Slide into nose wire sleeve



Medium Mask Pattern

* adapted from craftpassion.com



Large Mask Pattern
* adapted from craftpassion.com

